

The book of heartfelt apology (prayers for
kids)

By

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I as one individual am sorry as with always.

I am sorry for acting like I am a hateful individual.

I am sorry for losing friends.

I am sorry for keeping friends.

I am sorry for the contradiction.

I am sorry for the consistency.

I am sorry for never having apologised enough.

I am sorry for apologising too much.

I am sorry for staying up.

I am sorry for going to sleep.

I am sorry for not being real.

I am sorry for being too real.

I am sorry for all the crime.

I am sorry for all the stereotypes.

I am sorry for the murder rate.

I am sorry for the relationship problems.

I am sorry for not studying enough.

I am sorry for studying too much.

I am sorry for not working enough.

I am sorry for working too much.

I am sorry for not being there.

I am sorry I was always there.

I am sorry for not being judgemental.
I am sorry for washing up.
I am sorry for not washing up.
I am sorry for being hot and cold.
I am sorry for not having known any better.
I am sorry for not understanding.
I am sorry for understanding too much.
I am sorry for a life I could have changed.
I am sorry for a life I could not change.
I am sorry for over complicating life.
I am sorry for the simple life.
I am sorry for this city.
I am sorry for this country.
I am sorry for every city.
I am sorry for every country.
I am sorry for guns.

I am sorry for breathing.
I am sorry for thinking.
I am sorry for existing.
I am sorry for having to apologise for others.
I am sorry for having to apologise for myself.
I am sorry for life.
I am sorry for all the men that dislike me.
I am sorry for all the women that dislike me.
I am sorry for my children.
I am sorry for the general public.
I am sorry for war.
I am sorry for peace.
I am sorry for all the things I should apologise for.
I am sorry for all the things I shouldn't apologise for.
I am sorry for not listening.
I am sorry for acting like I don't have a soul.
I am sorry for acting like I don't have love.

I am sorry for believing too much.
I am sorry for being serious.
 I am sorry for not being serious enough.
I am sorry for the temple(s)
 I am sorry for not being religious.
I am sorry for her.
 I am sorry for him.
I am sorry for old age.
 I am sorry for not making it to old age.
I am sorry for wasting your time.
 I am sorry for wasting my time.
I am sorry this is the end.
 I am sorry this is the beginning.
I am sorry for every nation.

I am sorry on behalf of myself.
 I am sorry on behalf of you.
I am sorry for fighting a war.
 I am sorry for not fighting a war.
I am sorry for not believing.
 I am sorry for every kingdom.
I am sorry for every empire.
 I am sorry for every ruler.
I am sorry for those who can speak.
 I am sorry for those who cannot speak.
I am sorry for those who can hear.
 I am sorry for those who cannot hear.
I am sorry for those who can see.
 I am sorry for those who cannot see.

I am sorry for bombs.
I am sorry for tanks.
I am sorry for every prayer.
I am sorry for every whisper.
I am sorry for every thought.
I am sorry for every action.
I am sorry for not having spent any time with you.
I am sorry for spending too much time with you.
I am sorry for always being alone.
I am sorry for always being surrounded.
I am sorry for not making atonement.
I am sorry for always making atonement.
I am sorry on behalf of the angry.
I am sorry on behalf of the proud.
I am sorry on behalf of the sad.
I am sorry on behalf of the happy.
I am sorry on behalf of every public.

I am sorry I failed.
I am sorry if I succeeded.
I am sorry if I sounded negative.
I am sorry for being overly positive.
I am sorry if I think a little crazy.
I am sorry if I think too sane.
I am sorry I think I have to apologise.
I am sorry for not having apologised sooner.
I am sorry for not thinking clearly enough.
I am sorry for thinking too clearly.
I am sorry for losing all the time.
I am sorry for winning that one time.
I am sorry for everything.
I am sorry for nothing.
I am sorry for being judgemental.

Due to the nature of apologising constantly, I cannot express the nature of my sorrow for a world of which I helped destroy through my countless years of inaction or inability to change the nature of a long conversation that was not even my own, regardless of whether it was directed at me, the nation or a group of people to my own mistaken understanding. I have suffered mental ill health for a long period of time, and whilst stating that I would will myself out of mental ill health, I have struggled to for a very long period of time.

I am not trying to make a show out of my own life, and have found that whilst I may well be a far cry from the ambassador I would like to be, I am trying very hard to impress upon a public that does not even know who I am, how hard it is to make a success of one's self without an education, background history or any form of societal kudos outside of an ability to write. I have written book after book (all very short) but together, they make a volume of work that is both of value to the writer and hopefully to the reader.

Please feel free to enjoy this, the fruits of my labour and do be sure to make a note of any of the other titles in the series of which I have entitled Multiphase Multiverse Interceptor.

Notes page 1
(please write out reasons why you are sorry)

Notes page 2
(please write out reasons you are grateful)

Notes page 3
(Please write out reasons why you are thankful)

Notes page 4
(Please write down reasons why you are sad)

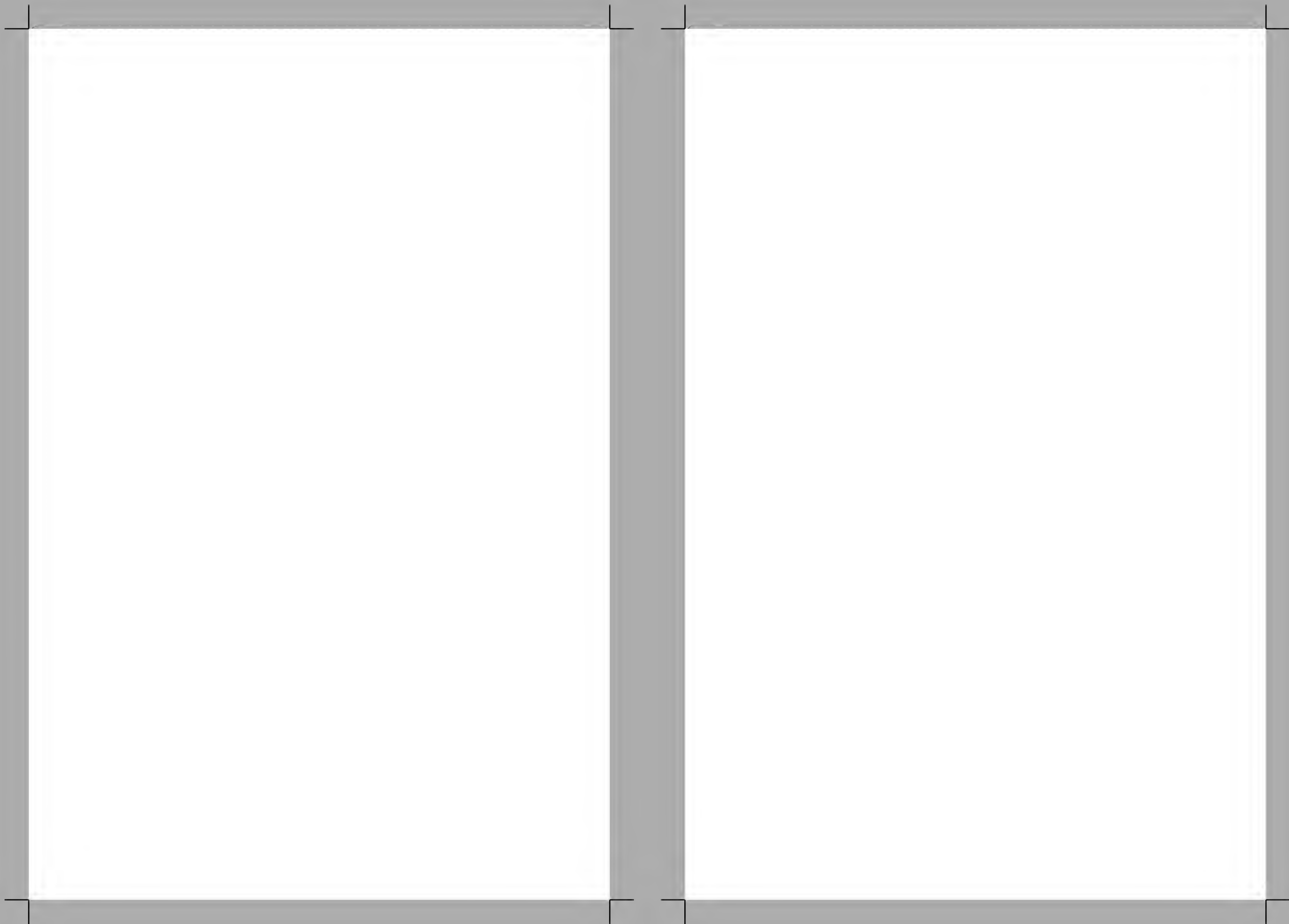
Notes page 5
(Please write down how you are feeling today)

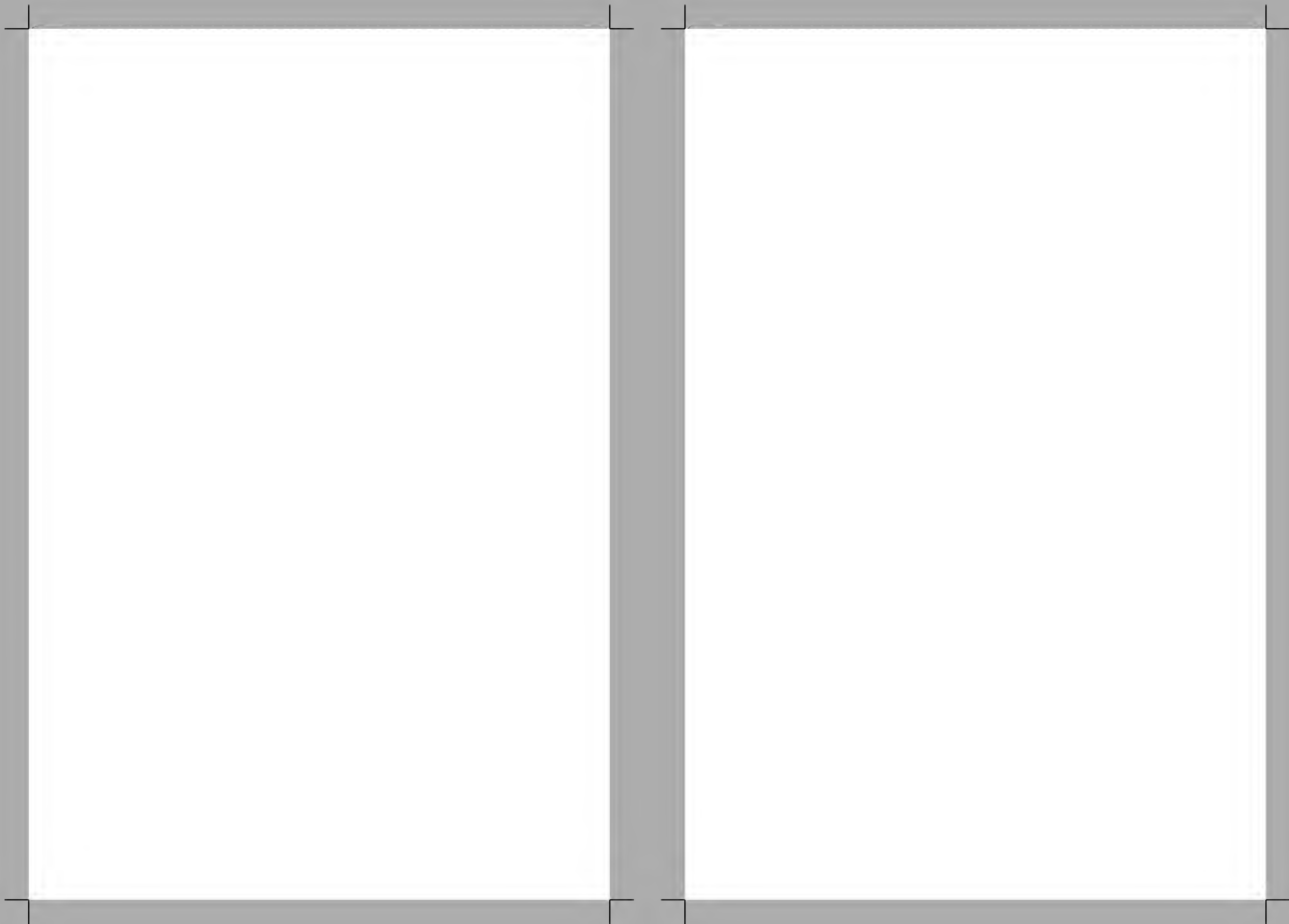
Notes page 6
(Please write down what you would like to do today)

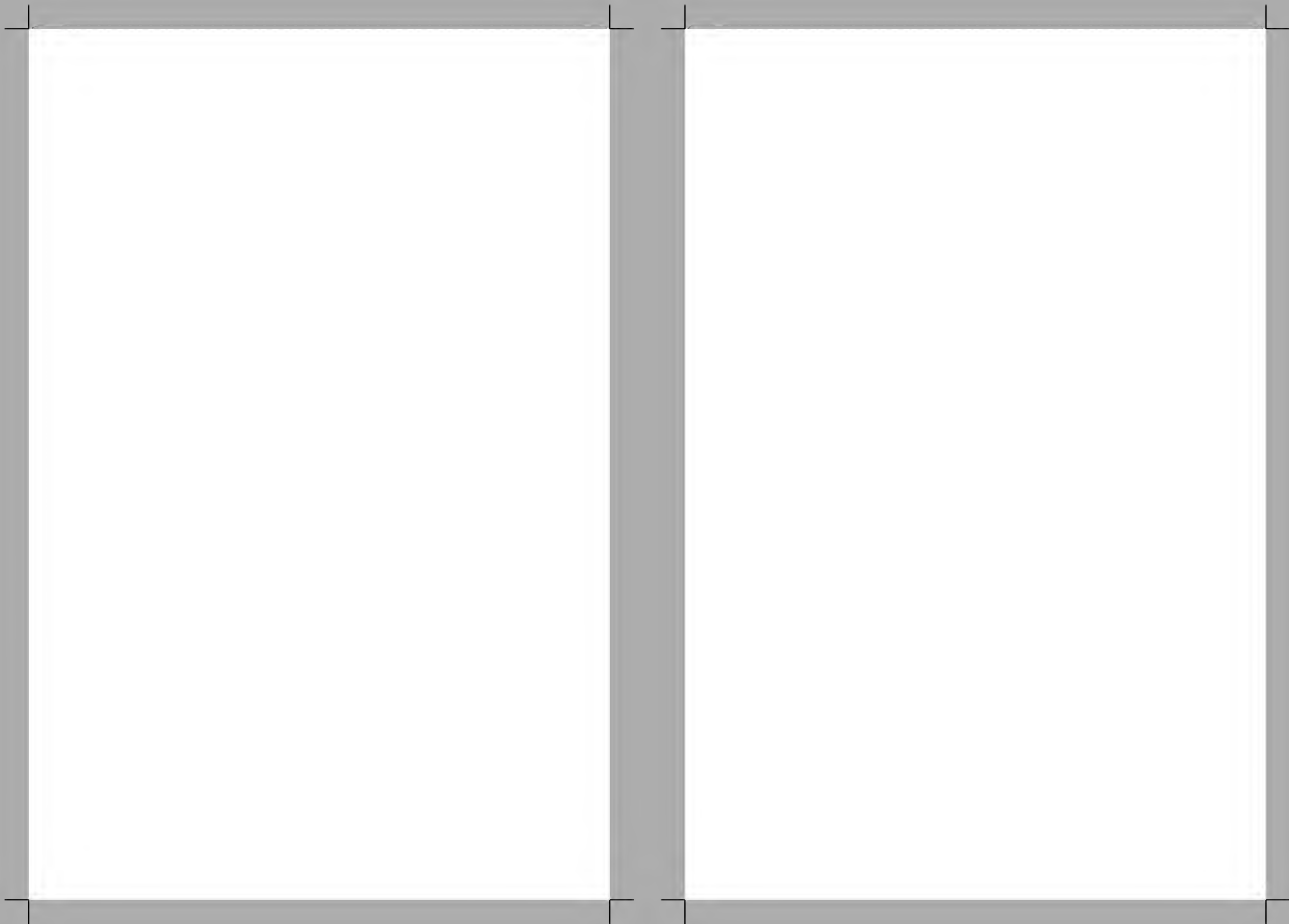
Notes page 7
(Please write down where you would like to go today)

Notes page 8
(Please write down how you are feeling today)

Notes page 9
(Please write down any further thoughts)







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